

# June 2017

Under The Sea  
Summer 2017

## Boys & Girls Clubs of Moultrie/Colquitt County Breakfast/Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Grilled cheese, grits, sausage peacheds, milk Sausage Link, Bun, Corn; Dinner Roll; Mixed Fruit; Milk	2 Waffle, Sausage, pears, milk Baked Chicken, black beans, rice, roll, pears, milk	3
4	5 Lucky Charms, Peaches, Milk Fried Chicken, Green Beans, Potatoes, Pineapple. Bread, milk	6 Banana Muffin, Pears, Milk Bologna sandwich, Cheese, Peaches, Dill Pickle spear, Milk	7 Waffle, Sausage, peaches, syrup Milk Hamburger, Cheese, Bun, Pork & Beans, Pineapples, Milk	8 2 pieces Canadian bacon, Grits, oranges, Milk Buffalo Chicken Corn, peaches, bread. 2 slices, milk	9 Golden Grahams, Bananas, Milk Hot dogs, bun Mixed Vegetables, Whole apple, milk	10
11	12 Breakfast Pizza, Apple sauce, milk Chicken Nuggets, Pork & Beans, Apple sauce, roll, Milk	13 Pancakes on a stick, pears, milk Buffalo Chicken Sandwich, corn, peaches, Milk,	14 Grits, eggs, Sausage, Grill Cheese, Milk Beef stew & rice, green beans, pears, Roll, milk	15 Cinnamon toast crunch, peaches, milk Pull pork sandwich Pork & Beans, pineapple, milk	16 blue berry muffin Orange, Milk P & J Sandwich, Carrots, applesauce milk	17
18	19 Golden Grahams, Bananas, Milk Hot dogs, bun Mixed Vegetables, Whole apple, milk	20 Waffle, Sausage, peaches, syrup Milk Hamburger, Cheese, Bun, Pork & Beans, Pineapples, Milk	21 Cheese Grits, Sausage, peaches, Eggs, Milk Chicken salad & Crackers pears, , dill pickle, Milk	22 Sausage, Biscuit, Peaches, Milk Chicken sandwich, Bun, Pork & Beans, Apple, Milk	23 Cinnamon toast crunch, peaches, milk P & J sandwich, carrots, applesauce, milk	24
25	26 Sausage patty, biscuit, orange, milk Bologna sandwich, Cheese, Peaches, Dill Pickle spear, Milk	27 Lucky Charms, Peaches, Milk Chicken Nuggets, Pork & Beans, Apple sauce, roll, Milk	28 Cheese Grits, Sausage, peaches, Eggs, Milk Tuna salad & Crackers pears, , dill pickle, Milk	29 blue berry muffin Orange, Milk Pork Chops, mash potatoes, green beans, oranges, roll, Milk	30 Golden Grahams, Bananas, Milk P & J sandwich, baby carrots, applesauce, milk	

# June 2017-Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Cheez-It Crackers; 100% Apple Juice	2 Honey Graham Crackers; 100% Apple Juice	3
4	5 Rice Krispy Treat; 100% Apple Juice	6 Cheez-It Crackers; 100% Apple Juice	7 Bug Bite Graham Crackers; 100% Apple Juice	8 Cheez-It Crackers; 100% Apple Juice	9 Honey Graham Crackers; 100% Apple Juice	10
11	12 Rice Krispy Treat; 100% Apple Juice	13 Cheez-It Crackers; 100% Apple Juice	14 Bug Bite Graham Crackers; 100% Apple Juice	15 Cheez-It Crackers; 100% Apple Juice	16 Honey Graham Crackers; 100% Apple Juice	17
18	19 Rice Krispy Treat; 100% Apple Juice	20 Cheez-It Crackers; 100% Apple Juice	21 Bug Bite Graham Crackers; 100% Apple Juice	22 Cheez-It Crackers; 100% Apple Juice	23 Honey Graham Crackers; 100% Apple Juice	24
25	26 Rice Krispy Treat; 100% Apple Juice	27 Cheez-It Crackers; 100% Apple Juice	28 Bug Bite Graham Crackers; 100% Apple Juice	29 Cheez-It Crackers; 100% Apple Juice	30 Honey Graham Crackers; 100% Apple Juice	