


# July 2017

## UNDER THE SEA



### Boys & Girls Clubs of Moultrie/Colquitt County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b>
<b>2</b>	<b>3</b> Waffle Sausage,, Mixed Fruit, Milk Hot Dog/Bun, Pork & Beans, Pears, Milk	<b>4 Closed</b> 	<b>5</b> Grill Cheese, Sau- sage, apple, milk Bologna. Sandwich, green beans, mixed Fruit ,milk	<b>6</b> Honey Nut Cher- rios, peaches, Milk Chicken nuggets, whole Kernel Corn, pineapples. roll, milk	<b>7</b> Grits, sausage, mixed fruit, milk Hot Dogs, Bun, Pork & Beans, pineapple, milk	<b>8</b>
<b>9</b>	<b>10</b> Pancake on a stick,, Mixed Fruit, Milk Hot Dog/Bun, Pork & Beans, Pears, Milk	<b>11</b> Golden Graham Cereal, Oranges, Milk Turkey Wings, Rice, Green Beans, pears, Roll, milk	<b>12</b> Fruity Cherrios- mixed fruit, milk Spaghetti, whole Ker- nel Corn, pineapples. Roll, Milk	<b>13</b> Grits, Eggs, sau- sage, peaches, milk Beef Stew/Rice/green beans , mixed fruit , milk	<b>14</b> Grill Cheese, peaches, milk Chicken Salad sand- wich, pickels, apple sauce, milk	<b>15</b>
<b>16</b>	<b>17</b> Cinnamon Toast Crunch, Peaches, Milk Chicken sandwich, pork & beans, oranges milk	<b>18</b> Chicken Biscuit, Pears, Milk Hot Dogs, Bun, mixed fruit, green beans, milk	<b>19</b> Grits, Eggs, sau- sage, peaches, milk Turkey cheese sand- wich ,peaches, dill pickle, milk	<b>20</b> Blueberry Muf- fins, peaches, Milk Pull Pork Sandwich Pork & Beans, pine- apples, milk	<b>21</b> Grill Cheese, Peach- es, Milk P&J Sandwich, apple sauce, pork & Beans, milk	<b>22</b>
<b>23</b>	<b>24</b> Breakfast Pizza, peaches, , Milk Beanie/Winnie, Oranges, Roll, Milk	<b>25</b> Grill Cheese, Sau- sage, apple, milk Bologna. Cheese, Sandwich, green beans, mixed, milk	<b>26</b> Grits, Eggs, sau- sage, peaches, milk Cheese Burgers/ French Fries, Pickle Apple Sauce, Milk	<b>27</b> Banana Muffin/ mixed fruit, milk Buffalo Chicken sand- wich ,Green Beans , mixed fruit, milk	<b>28</b> Honey nut Cheerios, Peaches, Milk P&J Sandwich, raisins , carrots, milk	<b>29</b>
<b>30</b>	<b>31</b> Banna Nut Muffin/ peaches, Milk Hot Dogs, Bun, carrots, mixed fruit, milk	<b>1.</b> Sausage biscuit, Oranges, Milk Buffalo Chicken sand- wich, spinach, mixed fruit, milk	<b>2.</b> Pancake on a stick,, Mixed Fruit, Milk Bologna sandwich, dill pickle , apple sauce, milk	<b>3.</b> Breakfast pizza, peaches, milk Chicken nuggets, whole Kernel Corn, oranges. roll, milk	<b>4.</b> Blueberry Muffins, peaches, Milk P&J Sandwich, apple sauce, Carrots, milk	